



# SERVICES

## THE GUIDANCE PROGRAM

The Guidance Program is a vital and integral part of the total school curriculum. The primary focus of Student Services is to enhance the dignity of everyone by encouraging each student's sense of self-worth and a feeling of belonging. In all facets of school life, the Guidance Counsellor educators foster each student's ability to:

- Know and appreciate themselves.
- Relate effectively with others.
- Develop appropriate educational plans.
- Design personal career paths.

## ACADEMIC

Guidance Counsellors can assist with the selection of suitable courses and programs, establishing timetables, study habits, organization of time, exam preparation, and review.

The high school experience is more than just academics. High schools offer a range of sports, clubs and extra-curricular activities that take place outside of class time.

Encourage your child to explore the options available.

## INFORMATION/CAREER PLANNING

The Guidance Centre provides a variety of sources by which students can research career options, employment trends, postsecondary sites (college, apprenticeship, world of work, specialized post-secondary schools, or university programs) as well as admission requirements to post-secondary destinations.

The centre has several computers as well as a variety of resources for individual student use in career and post-secondary planning. The department also arranges for college and university information programs, welcomes guest speakers, and shares scholarship information.