



Mental Health and Achievement are Interconnected!



We all want our children to be physically and mentally healthy so they can grow, learn and navigate life's challenges. It's not always easy to know what to do. We're here to help! The **Regional Catholic Parent Involvement Committee** (RCPIC) invites all parents and caregivers to an essential session on:

- Student mental health, facilitated by BHNCDSB student support services and lead community child and youth mental health agencies, and
- The board's student achievement plan, facilitated by BHNCDSB Student Achievement Team

Please join us...

Date: Monday, May 12, 2025

Time: 6:30 p.m. – 8:00 p.m.

Where: ONLINE - Virtual TEAMs Meeting

Guest Speakers: Woodview and REACH

Attendees will have an opportunity to:

- Learn about resources available to parents and caregivers to aid in promoting and supporting their child's mental health;
- Explore community resources available to support child and youth mental health;
- Review the Board's Student Achievement Plan;
- Ask questions and provide feedback.

Don't miss this opportunity to gain insights and ask your questions. **Your voice matters to us!**

Follow this link to **REGISTER** and secure your spot. We look forward to seeing you.