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# APA Format

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# The APA (American Psychological Association) is used for:

- Geography
- Psychology
- Science
- Social Science (Anthropology, Family Studies, Business)

# GENERAL RULES

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- APA Style citations focus on author(s), dates, and page numbers.
- Arrange in alphabetical order by the surname of the author or title (if there is no author)
- References cited in the text **MUST** appear in the reference list
- Use **n.d** for no date
- Ignore The, A, An when alphabetizing the list.
- Double space your reference list

# BOOKS

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- AUTHOR – use the last name and first initial, list all authors
- TITLE – Capitalize the first word
- PUBLISHER – use full name
- PLACE OF PUBLICATION – list state abbreviations
- PAGES – list first page and additional pages
- DATES – follows author's name

authors:

last name, initials.

(date).

*Title of the book.*

Devanand, D. P. (2001). *The memory program: How to prevent memory loss and enhance memory power.* Hoboken, N.J: John Wiley & Sons.

Place of publication:

name of publisher.

# EXAMPLE

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- Pollen, M. (2006). *The omnivore's dilemma*. New York, NY: Penguin Group.

# CHAPTER IN A BOOK

authors of the chapter:  
last name, initials.

(date). Title of the chapter they wrote.

Clifasefi, S.L. & Parker, S. (2009). Placebos and memory. In M.R. Kelley (Ed.), *Applied memory*. (pp. 109-129).

(pp. start page - end page of chapter).

Name of book's editor(s):  
initials, last name (Ed.)  
if more than one editor you would  
need to write (Eds.)

Title of the book

# PERIODICALS

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- Include: magazines, journals, newspapers
- Authors are named by their last name followed by initials;
- Publication year goes between parentheses and is followed by a period;
- The title of the article is written with only the first word and nouns to be capitalized;
- Include the volume number and the page numbers



# EXAMPLE OF A JOURNAL ARTICLE

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authors: last name, initials. (date).

Title of the article.

Luo, L., & Craik, F. I. M. (2008). Aging and memory: A cognitive approach. *Canadian Journal of Psychiatry*, 53(6), 346-53.

Title of the journal in which the article appears,

volume # (issue #),

start page - end page.

# EXAMPLE

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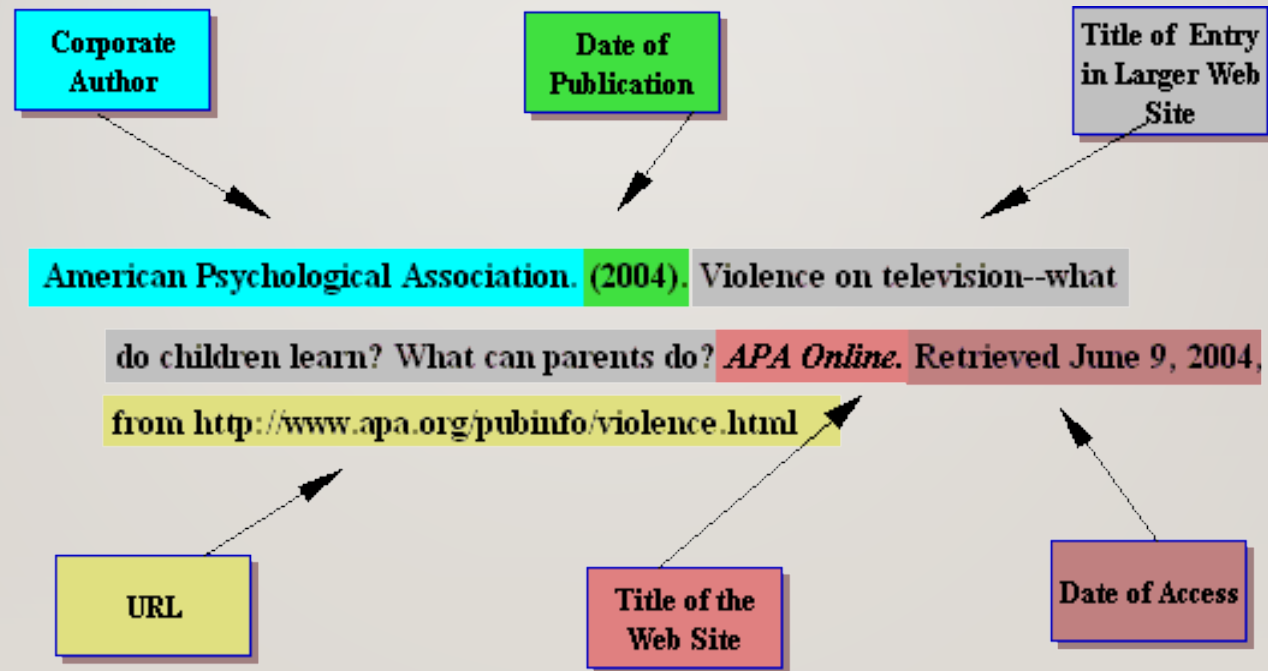
- Poniewozik, J. (2000, November). TV makes a too-close call. Time, 20, 70-71.

# INTERNET

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Author and date of site.

Title of document, date retrieved from (URL)



# EXAMPLE

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Anderson, D (2002, May 1). *Social Constructionism and MOOs*. Retrieved from [http://sites.unc.edu/~Daniel/social\\_constructionism](http://sites.unc.edu/~Daniel/social_constructionism)

# IN-TEXT CITATIONS

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- When information is quoted or referred to in a paper, briefly identify the source and allow the reader to locate the full citation in your reference list.

# IN-TEXT CITATION EXAMPLES

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- **Gibson and Roberts (2008)** discussed the turbulent 1960's , science fiction programs...
- In a **2008 study, Gibson and Roberts** explain how, during the turbulent 1960's, science fiction programs....
- During the turbulent 1960's, science fiction programs on television reflected the public's attitude toward the older generation (**Gibson and Roberts, 2008**)

problem in the United States and underscores the need for physicians, advocacy groups, and policymakers to search for other solutions.

#### What Are the Implications of Childhood Obesity?

Obesity can be a devastating problem from both an individual and a societal perspective. Obesity puts children at risk for a number of medical complications, including type 2 diabetes, hypertension, sleep apnea, and orthopedic problems (Henry J. Kaiser Family Foundation, 2004, p. 1). Researchers Hoppin and Taveras (2004) have noted that obesity is often associated with psychological issues such as depression,

#### References

- Henry J. Kaiser Family Foundation. (2004, February). *The role of media in childhood obesity*. Retrieved from <http://www.kff.org/entmedia/7030.cfm>
- Hilts, P. J. (2002, March 20). Petition asks for removal of diet drug from market. *The New York Times*, p. A26. Retrieved from LexisNexis.
- Hoppin, A. G., & Taveras, E. M. (2004, June 25). Assessment and management of childhood and adolescent obesity. *Clinical Update*. Retrieved from <http://www.medscape.com/viewarticle/481633>

**In-text citation:**  
Author's surname and year of publication, full information about the source in the reference list

Page number  
-shows the exact location of a direct quotation

**Reference list:**  
Provides full information for all of the in-text citations, usually at the end of the assignment

Introductory phrase

Cinema has been an important part of Hong Kong culture for several decades. The films of Bruce Lee, Jacky Chan, Chow Yun Fat and many other performers are not only popular in the SAR;

as Lu (2002) points out, locally-produced films have "long captured the enthusiasm and love of dedicated fans from all over the world" (p. 68). One of the most well-known forms of

Hong Kong cinema is the martial arts film, which has undergone a number of changes in style and content over the past 40 years, ranging from straightforward action to kung fu horror (Riley, 2004).

In order to understand the popularity of such films, it is useful to examine the place of kung fu in Hong Kong's sporting history.

**Direct quotation:**  
Words in quotation marks, to indicate use of author's original words

**Paraphrase /summary:**  
Idea from source, expressed in your own words

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### Reference list

- Lu, S. (2002). Planet Hong Kong: Popular cinema and the art of entertainment. *Film Quarterly*, 55(3), 68-70.
- Riley, L. (2004). Building a Hong Kong martial arts film collection. *Collection Building*, 23(1), 24-33.



# IMAGES USED

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Citation Guides. (n.d.). Retrieved October 09, 2020, from <http://www.library.carleton.ca/research/course-guides/esla-1900-0/journal-articles/citing>

Dominic Jordan Hasford (1962, May 01). How can I insert an APA style bibliography in a document using LibreOffice?  
Retrieved from <http://askubuntu.com/questions/249632/how-can-i-insert-an-apa-style-bibliography-in-a-document-using-libreoffice>